"Committed to His Will, His Way, and His Word"



¹⁸"The Spirit of the LORD is upon

Me, Because He has anointed Me

To preach the gospel to the poor;

He has sent Me to heal the broken-

Mount Olive Baptist Church Announcements June 20, 2021



2021 Theme: THE YEAR OF



Matthew 5:16 (NKJV)

¹⁶ "Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

Today At Mount Olive



It is the vision of Mount Olive to be a church that is intentional in its efforts to identify and meet the needs of broken, hurt and oppressed people in the greater Glen Allen area through the message and ministry of Jesus Christ.

Statement hearted, To proclaim liberty to the

captives And recovery of sight to the blind, To set at liberty those who are oppressed; ¹⁹To

proclaim the acceptable year of the LORD."

MOBC CORE VALUES

1. Radical Hospitality

Luke 4:18-19 (NKJV)

Our

Vision

- 2. Passionate Worship
- 3. Intentional Faith Development
- 4. Risk-Taking Mission & Service
- 5. Extravagant Generosity

Sunday School

8:30 AM

Lesson: "Why Are You Afraid?" Matthew 8:23-27

Teacher: Dea. Willie Ryan

Call in Number **1-605-472-5412**

Access Code AC 229743

Intercessory Prayer via Conference call: Wednesdays — 6:00 AM - 7:00 AM Call in Number: 1-978-990-5085 Access Code: 8837843

Your giving is important and needed. **3 Ways to Give** Online Giving Link: https://www.mobcva.org/give



Mail in: 8775 Mt. Olive Ave., Glen Allen, VA 23060

MOBC COMMUNITY NEWS!!



May 23 - August 28, 2021

THE COLOR OF FIRE REPRESENTS THE HOLY SPIRIT.

Pentecost, the fiftieth day after Easter, comes from the Greek word for fiftieth, *pentekoste*. Greek-speaking Jews called the Jewish Feast of Weeks the Day of Pentecost. Acts 2 tells how the anxious and fearful disciples, who had gathered on the Day of Pentecost, were filled with the Holy Spirit and thereafter preached boldly the gospel of Jesus Christ. This is the day on which the church received the Holy Spirit. **The Pulpit Attire is Red**.



Theme For This Quarter:

"CONFIDENT HOPE"

The study this quarter looks at God's gift of faith as the source of hope. Sessions from the Gospels illuminate hope and faith in teachings and miracles of Jesus. Sessions from the Epistles show how the early church understood God's gift of salvation through faith in Christ as the source of hope.

UNIT 1 * "JESUS TEACHES ABOUT FAITH"

This unit has five sessions. They reveal the hope and faith that come through Jesus' teachings and miracles. The sessions from Matthew demonstrate that faith in God is the primary source of hope and confidence. The miracles in Mark and Luke illustrate the power of faith.

NEXT WEEK'S LESSON:

June 27, 2021

"Why Do You Doubt?" Matthew 14:22-33

In the depth of crisis, people are often caught between trust and doubt. Will one trust that one's help will come? Jesus by walking on water to save His disciples, demonstrated His divine empowerment to be the Savior of all.

* MONDAY: Let's Sing of the Lord's Faithfulness			rece	
		Isaiah 38:6-20	Daily	chile
* TL	IESDAY:	The Baptist Dies for the Faith	Bible Reading	5. Conf
		Matthew 14:1-12	Har	5. Conf
		The Crowd's Hunger Satisfied Matthew 14:13-21	anna communes	hear
* THU		Believe the One Sent to You	and a start of the	save
		John 6:22-29		now has
*		The Sick Are Healed		
* SAT		Matthew 14:34-36 Speak Confidently to Civil Aut	thorities	Heave sins for
		Mark 13:9-12	linomico	His sac
* SL		Savior of the Fearful, Doubter,	Needy	faith ar
		Matthew 14:22-23		Decom
<u>Sermon</u>	Highlight	ts International Youth Sunday	/ June 13, 2021	HOPE
<u>Sermon</u>		ts International Youth Sunday Rev. Kelly Evans, Associate Ministe	· · · · ·	HOPE
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HOW TO ACCEPT JESUS CHRIST INTO YOUR HEART

Perhaps while reading the announcements you realized you have never made a Christian commitment. Don't delay that decision! We encourage you to embrace God's love today and receive the salvation that only Jesus Christ gives. Here are five simple steps you can take to find assurance of salvation.

- 1. **Recognize your need.** The Bible tell us that "all have sinned and fall short of the glory of God." (Rom. 3:23) All of us are sinners, and we must admit our need for a Savior.
- Repent of your sins. Our sins create a wall that separates us from God. By confessing our sins and turning from them, you will find forgiveness. The Bible promises: "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).
- 3. Believe in Jesus. God sent His only Son to die so that He could pay for all our sins. Put your faith in Him and believe in His power to save you. The Bible says, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16).
- 4. **Receive His salvation.** God has given us a great gift in His Son, but we must receive His gift. Thank Him for loving and forgiving you, and ask Him to live in your heart. His promise to us is clear: "But as many as received Him, to them He gave the right to become children of God" (John 1:12).
- 5. Confess your faith. The Bible assures us: "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved" (Rom. 10:9). You have been born again and are now part of God's family. Tell some one else what Jesus has done in your life!

Heavenly Father, I now understand my need to have my sins forgiven. I also realize that only Jesus — because of His sacrifice on the cross — can forgive my sin. I put my faith and trust in Jesus today. Please forgive me and become the Lord of my life.



3 MOBC COMMUNITY NEWS!!						
June EVENTS	June Health Segment					
June 26 USDA Household Food Distribution Drive Thru @ 12:00 PM	What is Obesity and who does it effect? Obesity is a treatable disease that is a worldwide health concern associated with having an excess amount of body fat. It is caused by genetic and environmental factors and can be difficult to control through dieting alone. Obesity is diagnosed by a healthcare provider and is classified as having a body mass index (BMI) of 30 or greater. Nearly <i>40 percent</i> of Americans have obesity.					
July 4 <u>* * * * * * * * * * * * * * * * * * </u>	What are the different levels? Overweight: Having a BMI in the overweight range (25.0 29.9) is a health concern. Excess weight is hard on your body. It can lead to other health problems including obesity. Severe Obesity: Someone who is more than 100 pounds over their healthy body weight (BMI greater than 40) has severe obesity. Severe obesity has the greatest risk of other health problems.					
via Livestream/Facebook/YouTube 10:00 AM	 Causes of Obesity: Psychological Factors: Weight management can be challenging if troubled by stress and other concerns Sleep Deprivation: Some studies show a link between how much people sleep and how much people weigh Appetite Signals/Hormones: The hormones that signal hunger and fullness do not always work correctly in people with obesity. Genetic Factors: Genes in your body can determine if you are more likely to have obesity Prescription Medications: Some prescription medications can cause weight gain of up to several pounds each month Environmental Factors: We are surrounded by television ads, billboards and images that promote the consumption of foods and beverages that are high in calories and fat. For more information, please visit www.obesityaction.org More Not Alone! For those who are experiencing grief, the Bereavement Support Ministry is here to assist you and your family through your stages of grief. Also, we are seeking new members to join our Bereavement Support Ministry. Interested persons should contact Rev. Dr. Jimmie L. Walker Sr. Chair @ 804-721-2487 or email - pastorjlwsr@gmail.com 					
OnConstant						
Soft Reopening Causal Dress MOBC will enjoy the comfort of casual dressing during the months of June, July, August and the first two Sundays in September. Please be mindful of the Church and who we represent as members of the Body of Christ. Choose clothing that is appropriate, comfortable, yet communicates a positive message. Avoid Clothing That Is Too Revealing Or Tight-Fitting. Scripture Reference: "Whether therefore ye eat, or drink or whatsoever ye do, do all to the glory of God." (1 Corinthians 10:31)						
INTERCESSORY PRAYER	COMMUNITY FOOD GIVEAWAY SCHEDULE					
Sick & Shut-insBehold, I am the LORD, the God of all flesh. Is there anything too hard for Me? Jeremiah 32:27Robert Ashe Grace Baker Ingrid Bobcomb Keith Davis Dea. Kevin DuniganJames Harvey, Jr. Starr Rhodes Alma Tarry Mable Williams Craig Yates	WEDNESDAYS SATURDAYS 11:00 AM - 11:30 AM 12:00 PM Zip Codes: 23227, 23228, 23059 & 23060 Due to the Coronavirus Pandemic our community food distribution will be drive-thru. Free to All !					

SALUEL 877 Gle	Dlive Baptist Church 75 Mt. Olive Avenue en Allen, VA 23060 262-9614 Fax: (804) 262-2397	
CHURCH STAFF Directory	On Call June 2021 Deacon on Call	Teen Sunday School via Zoom @ 12:30 PM Dial In: 1 (301) 715-8592
Rev. Darryl G. Thompson, Pastor (804) 495-5951 (C)	James Isler222-8979 Charles Tiggle562-4096	Meeting ID: 813 2258 1293 Passcode: 822553
E-mail: (Pastor) - pastorthompson@mobcva.org	Deaconess on Call	*****
Church Administrator: Sis. Martha Styles E-mail: Churchadm@mobcva.org	Janet Jefferson222-1148 Helen Taylor266-1681	CANCELLED UNTIL FURTHER NOTICE.
Administrative Assistant: Rev. Allison D. Roldán (Office E-Mail) - Secretary@mobcva.org	<u>Trustee on Call</u> Lee Pritchett553-1472 Robin Roane262-4246	Children's Church
Director of Christian Ed.: Rev. Deborah A. Simmons E-Mail: ChristianEd@mobcva.org	James Debnam306-4038 <u>Associate Minister on Call</u> Rev. Dr. D. Mack-Tatum266-7663	nursery
Minister of Children/Youth: Rev. Kelly A. Evans	Bereavement Support on Call Sis. Sandy Morris	Teen EXPERIENCE 2nd, 3rd & 5th Sunday's Ages 12-18
E-Mail: Youthmin@mobcva.org Financial Secretary: E-Mail: Finance@mobcva.org	VIEW MOUNT OLIVE WEEKLY ANNOUNCEMENTS ON THE WEB Go to:	Music ARTS MIMISTRY
Custodian (Day): Bro. Howard Williams (804) 350-5097	www.mobcva.org Then click on Weekly Bulletin.	Rehearsals
Custodian (Evening): Mr. Jerome Allsbrooks (804) 350-2283	GIVING easy. fast. effective. TEXT2GIVE	PRAISE
Office Hours: Monday - FridayPastor's Appointment Hours: Monday - 2:00 p.m 7:00 p.m.9:00 a.m 5:00 p.m.Tuesday - 10:00 a.m 3:00 p.m.	Find us on Facebook	MIME
ANNOUNCEMENTS DEADLINE:	twitter	CANCELLED
Deadline for bulletin and media information is 12:30 p.m. each Wednesday. Please email information to: Secretary@mobcva.org or call the church office at (804)	Enter His Gates with Thanksgivir	UNTIL FURTHER NOTICE
262-9614.	Psalm 100:4	
Thank you!	Please Reverence the House of God: * Enter to Worship * Focus on God's Glory * Connect with the Spirit of God * Welcome God's Presence * Meditate on God's Word * Invite God into your life today *Honor God with the fruit of your lips.	
Dea. Freddie & Deac. Donnell Oliver & Family	Let all things be done decently and in order. 1 Corinthians 14:40	
All thank you acknowledgements are posted on the bulletin board outside of the church office.	Please refrain from eating, drinking and talking on cell phones in the sanctuary.	

Mount Olive Baptist Church

Wednesday Food Pantry PERMANENTLY CLOSING

WEDNESDAY FOOD PANTRY PERMANENTLY CLOSING LAST DAY OF DISTRIBUTION – WEDNESDAY, JUNE 30

PLEASE VISIT OUR PANTRY ON SATURDAY BEGINNING ON SATURDAY, JULY 3

DISTRIBUTION MOVED TO SATURDAY. YOU MUST PRESENT YOUR FOOD BANK ID NUMBER TO BE SERVED.

June Health Segment



What is Obesity and who does it effect?

Obesity is a treatable disease that is a worldwide health concern associated with having an excess amount of body fat. It is caused by genetic and environmental factors and can be difficult to control through dieting alone. Obesity is diagnosed by a healthcare provider and is classified as having a body mass index (BMI) of 30 or greater. Nearly *40 percent* of Americans have obesity.

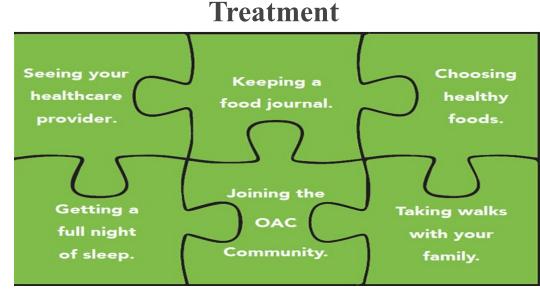
What are the different levels?

Overweight: Having a BMI in the overweight range (25.0 29.9) is a health concern. Excess weight is hard on your body. It can lead to other health problems including obesity.

Obesity: Obesity is a disease where a person's weight is in an unhealthy range (BMI of 30.0-39.9). **Severe Obesity**: Someone who is more than 100 pounds over their healthy body weight (BMI greater than 40) has severe obesity. Severe obesity has the greatest risk of other health problems.

Causes of Obesity:

- Psychological Factors: Weight management can be challenging if troubled by stress and other concerns
- **Sleep Deprivation:** Some studies show a link between how much people sleep and how much people weigh
- **Appetite Signals/Hormones:** The hormones that signal hunger and fullness do not always work correctly in people with obesity.
- Genetic Factors: Genes in your body can determine if you are more likely to have obesity
- **Prescription Medications:** Some prescription medications can cause weight gain of up to several pounds each month
- Environmental Factors: We are surrounded by television ads, billboards and images that promote the consumption of foods and beverages that are high in calories and fat.



For more information, please visit www.obesityaction.org/

MOBC HEALTH MINISTRY